

## Volunteer opportunities at MGD Partners



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## Middelvlei Farm

### The Project

At the farm, several projects are offered to increase various life skills of the learners.

- Learners can visit the animal shelters
- Learners can be assisted in academics in both English and Afrikaans
- Learners can join classes in creative work
- Learners can receive the training required for basic computer skills
- Learners can join music classes
- Learners are given health classes on oral hygiene, eating healthy, and healthy lifestyles

### Focus Area

Children, Education, Animals, Computer, Music, Health

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Below Papegaaiberg

### Contact Information

Contact: Kelbi Engelbrecht  
Telephone: 084 464 8053  
Email: 16595548@sun.ac.za



## Bergzicht Training

### The Project

Bergzicht Training is dedicated to inspiring and empowering disadvantaged people with little or no formal education by equipping them with the necessary skills that they need to uplift themselves from impoverished circumstances. Our focus ensures that our learners complete their courses with essential skills in one of the following subject areas: Home Management, Educare, Frail Care and Catercare. 91% of learners have found permanent employment through our in-house placement bureau.

### Focus Area

Adults, Employment, Training, Skills Development

### Services Needed

- Assistance with website and social media updates

### Time Frame

Throughout the year

### Location

7 Crozier Road  
7600 Stellenbosch

### Contact Information

Contact: Renske (available from 08/09/2016 onwards)

Telephone: 021 883 3525

Email: [renske@bergzicht.org.za](mailto:renske@bergzicht.org.za)

Call weekdays, flexible hours



## Jeugitreik (Youth Outreach)

### The Project

The Programme's main aim is to deliver services to street children and their families in and around Stellenbosch and to get children reintegrated into society. The child's actual place of residence is not a criterion for admittance, since children journey from areas outside the municipal area, usually to the centre of town. Several services are offered:

- Drop-in shelter
- Early intervention
- Outreach Work
- Prevention and awareness of the street child phenomenon
- Crisis services: Overnight crisis facility
- Residential Care for Street Children (long term rehabilitation)

### Focus Area

Youth, Children, Skills development, Substance Abuse

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Bell House  
C/o Bird & Bell Street  
Stellenbosch  
7600

### Contact Information

Contact: Dalene Bosman  
Telephone: 021 886 6216  
Email: dalbos@bloemhof.wcape.school.za



## Azaleahof: Residential Units and Service Centre

### The Project

Care for older persons: Residential Frail Care Centre, Residential self-care units, and community-based care for the elderly. Primary and secondary services are delivered to the elderly to allow them to live independently in the community as long as possible. Several services are offered:

- Personal Care:
  - o Meals on wheels: Food prepared at Azaleahof and distributed to clients at their homes, as take aways, or at Azaleahof
  - o Domestic help service to elderly at their private homes
  - o Physical/medical care: Hair and foot care, blood pressure measurement
  - o Outings, talks and newsletters
  - o Gym and exercise programmes for elderly
- Frail Care: residential facilities and special nursing care
- Residential Units: residential facilities for elderly not requiring frail care

### Focus Area

Older Persons, Frail Care, Disabled persons

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

11 Van Riebeeck Street  
Stellenbosch  
7600

### Contact Information

Contact: Sarene Langenegger  
Telephone: 021 887 0136



## Animal Welfare Society Stellenbosch (AWSS)

### The Project

The Animal Welfare Society Stellenbosch (AWSS) is a non-profit organisation with the aim to serve the community of Stellenbosch and greater Stellenbosch by taking care of the community's unwanted, mistreated and neglected pets. We also advocate and promote the sterilisation of cats and dogs to curb unwanted breeding in an already overpopulated pet community. We sterilise, dip, vaccinate, deworm and treat illnesses of animals in our low-income communities and provide a safe haven for homeless or surrendered animals until we're able to place them in good, loving homes. At any given time, we house an average of 150 animals.

### Focus Area

Animals

### Services Needed

- General kennel chores
- Walking dogs

### Time Frame

Throughout the year

### Location

Devon Valley Road  
7600 Stellenbosch

### Contact Information

Contact: Reception  
Telephone: 021 886 4901  
Call every day 10:00-15:00



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## Football Development Programme

### The Project

One of the key aims of the Stellenbosch University Football Development Programme is to increase the number of local talented football players who meet the academic requirements to study and ultimately play football for Stellenbosch University.

The programme reaches a variety of local communities with the majority of individuals coming from Cloetesville, Ida's Valley and Kayamandi.

We are looking for volunteers who are passionate about human development and would like to partner with us in assisting and improving the academic profile of male football players between the ages of 16-18 (Grade 10, 11, 12).

### Focus Area

Key subject areas include mathematics, biology and science.

Youth, Tutoring

### Services Needed

Tutoring, responsibilities as follows:

- Meet and tutor the individual or small group on a weekly basis as per the schedule.
- Assist the learner in their subject problem areas.
- Inspire, empower and equip the learner with tools that will assist them in preparation for the final exams.

### Time Frame

The short term academic support programme will begin on the 1<sup>st</sup> of September and will end on the 15<sup>th</sup> of November 2014.

### Location

Small classroom venues are available at the SU Football Centre located next to Goldfields residence.

### Contact

Contact: Warren Engelbrecht  
Email: warrene@sun.ac.za





## Greater Stellenbosch Development Trust

### The Project

The organisation's aim is to bridge the divide between the Kayamandi Township and Stellenbosch. The idea is that through social development services, uplifting and networking the two communities will grow towards each other. Several services are offered:

- Excursions to plays, amphitheatres to bring arts to the community and increase the art and music appreciation of community members.
- Musical training and lessons to cultivate music skills and increase music appreciation of community members.
- Courses in beading, weaving, pottery to develop skills and create self-employment opportunities.
- Daycare and pre-primary school services for children from disadvantaged homes.

### Focus Area

Community, Children, Culture, Education

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

118A Masithandane Street  
Kayamandi  
7599 Stellenbosch

### Contact Information

Contact: Nana Mtsomboti  
Telephone: 021 889 8937  
Email: [admin@ikhayatrust.co.za](mailto:admin@ikhayatrust.co.za)



## Hesketh King Treatment Centre

### The Project

The provision of a 12-week residential treatment programme for adult and adolescent chemically addicted males. The programme is faith-based and comprises individual and group therapy, primary medical care, pastoral counselling, occupational therapy, psychiatric and psychological services. The service has the following aims: 1) To provide a faith based treatment programme 2) To enable the addict to sustain sobriety and a recovered lifestyle. Several services are offered:

- Substance Abuse Residential Treatment: Adults
- Substance Abuse Residential Treatment: Adolescents

### Focus Area

Substance Abuse, Health, Poverty Alleviation, Social Services

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

C/o Old Paarl & Klipheuveld Road  
Muldersvlei  
Stellenbosch Magisterial District  
7607

### Contact Information

Contact: Captain Peter Lovick  
Telephone: 021 884 4600  
Email: [hking@mweb.co.za](mailto:hking@mweb.co.za)



## Horizon House

### The Project

The organisation provides holistic care of intellectually disabled adults (18 years and older), including residential facilities and employment opportunities. They provide balanced nutrition, sleeping quarters, basic health care, recreational services such as sport and church, and therapist services.

Furthermore, skills are developed in the restoration of furniture, weaving, and other art and craft productions. With these skills, clients perform piece work for companies in protective workshops.

### Focus Area

Health, Disabled persons, Skills development

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

1 Patrys Street  
7600 Stellenbosch

### Contact Information

Contact: Elza Bressler  
Telephone: 021 887 5080  
Email: [horizonhouse@wol.co.za](mailto:horizonhouse@wol.co.za)



## Kayamandi Women & Children's Development Project

### The Project

Kayamandi Women and Children Development Project started in 2007 and it was launched in 2009 with assistance and close relation with South African Police Services and Community safety.

#### Objectives:

- To empower women and children of Kayamandi with life skills for their personal development and wellbeing.
- To provide a safe environment for women and children who are affected by abuse.
- To render counselling services to the victims of abuse as well as the community in general.

#### Several services are offered:

- We provide counselling and temporary shelter (safe house for maximum three months and we also extend depending on individual cases) for those who are not ready to go back to their homes.
- Provide life skills to women and children.
- We also do referrals to other service provider as per case.
- We provide soup on Saturday for homeless people & under privileged people in our community.

### Focus Area

Skills development, Youth

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Municipality Admin Building 1 – Old Board room Block  
Masithandane Street  
Kayamandi  
Stellenbosch  
7600

### Contact Information

Telephone: 021 8897686  
Email: [info@kayamanditraumacentre.co.za](mailto:info@kayamanditraumacentre.co.za)



## Kuyasa Horizon Empowerment

### The Project

The aim of the organisation is to empower the new generation of Christian Leaders through holistic development of the community. The following services are offered:

- Academic tutoring after school in Science, Mathematics, English, Life skills, and Art & Leadership.
- Art classes to encourage children in the community to express themselves.
- Theology training for pastors to help them in making a difference.
- Classes in basic and specialized computer training.
- Sport programmes and activities in soccer, netball, basketball, volleyball, dancing, gyming, floorball, running, and cricket.

### Focus Area

Community, Children, Culture, Education

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

P.O. Box 661  
7599 Stellenbosch

### Contact Information

Contact: Jenny Carstens  
Telephone: 021 889 5241  
Email: [admin@rigters.co.za](mailto:admin@rigters.co.za)  
Website: [www.kuyasa.givengain.org](http://www.kuyasa.givengain.org)



## Stellenbosch Night Shelter for Adults

### The Project

The organisation provides the basic needs of homeless persons in Stellenbosch. They try to rehabilitate homeless persons and reunite them with their families. Community workers try to develop the skills of residents and they assist in job creation. Basic medical and social care is provided.

Soup and bread is served every night, as well as breakfast in the morning. During the day, residents leave the shelter.

### Focus Area

Adults, Shelter, Homeless persons, Food Security

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

3 Tennant Street  
Tennantville  
7600 Stellenbosch

### Conflict Information

Contact: Denise Pause  
Telephone: 021 886 6173  
Email: [nightshelter@stellenbosch.co.za](mailto:nightshelter@stellenbosch.co.za)  
Website: [www.stellenbosch.co.za/nightshelter](http://www.stellenbosch.co.za/nightshelter)



## **Straatlig**

### **The Project**

The organisation provides help and care to homeless and addicted persons by offering the following:

- Bible studies
- Music groups
- Distributing coffee and bread
- Visits to church
- Personal rehabilitation talks

### **Focus Area**

Adults, Homeless persons, Substance Abuse, Food Security

### **Services Needed**

- Assist in the different projects

### **Time Frame**

Throughout the year

### **Location**

39 Ryneveld Street  
7600 Stellenbosch

### **Contact Information**

Contact: Johan Viljoen  
Telephone: 021 887 5020  
Email: [straatlig@moederkerk.co.za](mailto:straatlig@moederkerk.co.za)  
Website: [www.straatlig.org](http://www.straatlig.org)



## At Heart

### The Project

At Heart is an organisation that provides HIV/AIDS counselling and testing services. They also engage in several ongoing community projects that focus on HIV/AIDS awareness, peer leader training and community mobilization. Several services are offered:

- Psycho-Socio Support & Empowerment of People living with HIV/AIDS
- HIV Counselling and HIV Testing
- Prevention of Mother to Child Transmission
- TB Screening and Testing
- Condom distribution
- Support groups

### Focus Area

HIV/AIDS, Health

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Various sites in and around Stellenbosch.

### Contact Information

Contact: Lynette Rademeyer-Bosman  
Telephone: 021 808 2931  
Email: [atheart@sun.ac.za](mailto:atheart@sun.ac.za)  
Website: [www.atheart.org.za](http://www.atheart.org.za)





## Holy Cross Children and Youth Centre

### The Project

The Holy Cross Children and Youth Centre provides a home to 115 young children with caring, feeding, clothing, housing and educating those children who have been orphaned, neglected, and/or abandoned. They offer family reunification and reintegration programmes and transitional living programmes to assist young people in their transition from institutional care to independent living in the community so that they can contribute positively to society, attain self-sufficiency, form positive and responsible family and social relationships and engage with community activities.

### Focus Area

Homeless Persons, Youth, Children

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

De La Rey Road  
7499 Parrow

### Contact Information

Contact: Cheryl Ziervogel  
Telephone: 021 934 6435  
Email: [holycross@mweb.co.za](mailto:holycross@mweb.co.za)



## Ikhaya Trust Kayamandi

### The Project

The Ikhaya Trust Centre is a well-designed, architectural building that is used as a hub of education which allows for transfer of knowledge between all age groups by careful and exciting cross programming. Peer learning and intergenerational learning is encouraged by classrooms that scale down to the height of tiny toddler, but these child spaces live comfortably and safely next to an eating space and amphitheatre where different age groups can come together. The Trust focuses on sustainable projects, which include educational programmes for children, cultural and artistic developments and support for micro-businesses and entrepreneurial skills.

### Focus Area

Education, Community, Youth

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

118A Masithandane Street  
7600 Kayamandi, Stellenbosch

### Contact Information

Contact:  
Telephone: 021 887 2040/021 889 8774  
Email: [nana@ikhayatrust.co.za](mailto:nana@ikhayatrust.co.za)  
Website: [www.ikhayatrust.org.za](http://www.ikhayatrust.org.za)



## Jesse Keet

### The Project

Jessie Keet Pre-Primary & Creche is a Nursery School in Stellenbosch, Cape Winelands, Western Cape

### Focus Area

Children, Education, Care

### Services Needed

- Assistance with 5 different age group classes
- Kitchen assistance

### Time Frame

Throughout the year

### Location

70 Kahler Street  
7600 Stellenbosch

### Contact Information

Contact: Felicity Thomas  
Telephone: 021 887 2061  
Call weekdays, flexible hours



## Legacy Centre Kayamandi

### The Project

The Kayamandi Legacy centre is a multifunctional community centre that deals with childhood development, skills development, health care, and food security in the Kayamandi Township. All the activities are clustered around five broad projects:

- A health centre that provides care to HIV/AIDS patients
- A skill development program that aims to train the unemployed and low-skilled residents
- An after-school enrichment program that focuses on health, sport, culture, arts, life skills, and literacy to mobilize learners to become leaders in Kayamandi
- A vegetable garden that functions as both a source of food and as a learning ground to develop skills in maintaining your own garden and make a living
- A healthcare education centre

### Focus Area

Community, Food Security, Skills Development, Health

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Long Street  
Kayamandi, Stellenbosch

### Contact Information

Contact: Louise Fourie  
Email: [louise@sg.org.za](mailto:louise@sg.org.za)  
Website: [www.sg.org.za/kayamandi](http://www.sg.org.za/kayamandi)



## Leliebloem House

### The Project

The Leliebloem House serves as a residential child and youth care centre for 84 children from troubled families and backgrounds. The centre offers the least restrictive environment for children who are placed via the children's courts. Even though residential care is the core business of Leliebloem, they work intensively within these children's communities and families to improve the circumstances from which they were removed. The centre offers Adolescent Development programmes, Family Reunification programmes, academic support, and psychological support.

### Focus Area

Children, Youth, Displaced Persons

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Korne Close  
7780 Crawford

### Contact Information

Contact: Mr. Cornelius  
Telephone: 021 697 4947  
Email: [fcornelius@leliebloem.org.za](mailto:fcornelius@leliebloem.org.za)



## Nagskuiling/Night Shelter

### The Project

Nagskuiling is an organisation that provides shelter and residential services to the poorest, sickest, and oldest homeless persons in Stellenbosch. Meals are given in the evening, after which the residents get a bed for the night. They work towards regaining the independence and taking responsibilities of their residents and stimulate the finding of a new permanent home. Social workers provide therapist services to assist the homeless in regaining control over their lives.

### Focus Area

Homeless Persons, Food Security, Shelter

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

3 Tennant Street  
7600 Stellenbosch

### Contact Information

Contact: Stellenbosch Night Shelter  
Telephone: 021 886 6173  
Email: [nightshelter@stellenbosch.co.za](mailto:nightshelter@stellenbosch.co.za)  
Website: [www.stellenboschnagskuiling.co.za](http://www.stellenboschnagskuiling.co.za)



## Prochorus Community Development

### The Project

Prochorus is a community-based organisation that offers sustainable programs to ensure that every person has the opportunity to reach their full potential spiritually, intellectually, physically and emotionally. The different programs that are offered include:

- Crèche support program
- Crisis counselling for raped and abused women and children
- Computer literacy and English literacy via computers
- Hunger relief and clothes distribution
- Playground groups for toddlers

### Focus Area

Skills Development, Children, Community

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

89 Swartbooi Street  
Kayamandi, Stellenbosch

### Contact Information

Contact: Pam du Plessis  
Telephone: 021 889 8160  
Email: [info@prochorus.org](mailto:info@prochorus.org)



## Safe House Stellenbosch

### The Project

Safe House Stellenbosch is a shelter that supports physically, emotionally and sexually abused women and children by facilitating a restorative program in order to give them hope and a future. The house offers shelter, protection, food, clothing, toiletries and support to the women and children to come to terms with their past traumas.

### Focus Area

Abuse, Women, Children

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

4130 Idas Valley  
7609 Stellenbosch

### Contact Information

Contact: Lee Rossouw  
Telephone: 021 883 2574  
Email: [lee@safehousestellenbosch.co.za](mailto:lee@safehousestellenbosch.co.za)  
Website: [www.safehousestellenbosch.co.za](http://www.safehousestellenbosch.co.za)





## Stellemploy

### The Project

Stellemploy is a church-based organization that offers unemployed people training which enables and helps them to find employment more easily. Basic quality training is given in welding, gardening, painting, cooking, electrical repairs, carpentry, plumbing, building, paving, mechanics and spray-painting.

Not only does helping people in this way mean that they can feed and clothe their families, but it also gives them a sense of dignity and purpose in our society.

### Focus Area

Employment, Skills Development, Training, Education

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

Luckhoff Skool on the corner of Banhoek Road and Ryneveld Street  
7600 Stellenbosch

### Contact Information

Contact: Betta Augustyn  
Telephone: 021 886 6993  
Email: [info@stellemploy.org](mailto:info@stellemploy.org)



## Stellenbosch Hospice

### The Project

The Stellenbosch Hospice provides daily palliative and chronic care across the Stellenbosch District to patients that mainly suffer from Cancer, HIV/AIDS and TB. The hospice also provides home care services, assistance with accessing government grants to ensure improvement in patients' socio-economic conditions, regular occupational therapy days, social workers to focus on individual and family counselling sessions.

### Focus Area

Health Care, HIV/AIDS, Medical Care

### Services Needed

- Assist in the different projects

### Time Frame

Throughout the year

### Location

De Beer Road  
7600 Stellenbosch

### Contact Information

Contact: Central Office  
Telephone: 021 886 5994  
Email: [stelhosp@iafrica.com](mailto:stelhosp@iafrica.com)  
Website: [www.stellenboschhospice.org.za](http://www.stellenboschhospice.org.za)



## Stellenbosch Werksentrum

### The Project

The Stellenbosch Work Centre for Adults with Disabilities focuses on the economic empowerment and social integration of adults with disabilities in the Stellenbosch and surrounding areas. Ultimately the Centre hopes to instil a level of competence that will enable the person to find other work opportunities in the open labour market, earn better and achieve a higher standard of living.

### Focus Area

Disabled Persons, Skills Development, Employment, Training

### Services Needed

Basic literacy training (alphabet/basic literacy), Basic maths training (adding and subtracting till 20), Sport engagement (soccer and cricket – rules of engagement, history etc.), Meal planning & preparation training, Administration (sorting & organising), Life skills training, Office admin skills training

### Time Frame

Throughout the year

### Location

1 Patrys Road  
7600 Stellenbosch

### Contact Information

Contact: Marlese Robertson/Phil Williams  
Telephone: 021 887 8688  
Call weekdays 08:00-14:00 (flexible)



## Youth Evolution in Sport (YES)

### The Project

YES is a national organisation which focuses on the development of youth through sport. In Stellenbosch, they are active at Rietenbosch Primary School, Lückhoff High School and Kuyasa.

### Focus Area

Youth Development, Sport, Life Skills, Education

### Services Needed

- Facilitate games and extramural activities with primary school or high school learners
- Life skills training
- Tutoring Maths & Accounting

### Time Frame

Throughout the year

### Location

Various Locations  
7600 Stellenbosch

### Contact Information

Contact: Jose  
Telephone: 078 666 5432  
Call weekdays, flexible hours



## TH Children's Foundation: Social Impact Initiatives

### 1. Tutoring Program

#### The Project

On a weekly basis, university volunteers go to the school to provide academic support for grade 6s. The focus of the tutoring sessions is on English and Mathematics. The TH Children's Foundation is working closely with Ikaya's teachers and have programs adapted to match the needs of the learners and improve their academic performance.

#### Focus Area

Cognitive development. Academic support. English improvement. Cultural interaction.

#### Services Needed

Committed and consistent volunteers, transport, stationaries and snacks.

#### Time Frame

Throughout the semester. Every Saturday from 9:30 to 12:30.

#### Location

Ikaya Primary School - Kayamandi

#### Contact Information

Nonkululeko Magadla 061 439 4708 - 19472803@sun.ac.za

Tom Renault 079 671 1701 – 19206399@sun.ac.za

## 2. Arts and Crafts Program

### The Project

We started Arts and Crafts classes targeting the student struggling the most in class, as our volunteers are not qualified teachers. In previous years we faced extreme difficulties to keep the classes conducive with children who are lacking educational basis from grade 1 and who also face great difficulties to speak English. The vision of the Foundation is not to leave any children behind, hence the idea of having Arts and Crafts classes, which offers alternative ways to practice English while interacting the volunteers and enhances their creativity.

### Focus Area

Enhancing creativity, practical outcome and cultural interaction.

### Services Needed

Committed and consistent volunteers, equipment, transport and snacks.

### Time Frame

Every Thursday from 14:00 to 16:00.

### Location

Ikaya Primary School, Kayamandi.

### Contact Information

Ornila Serage 076 608 8891 – ornilabernadoserage@gmail.com

Tom Renault 079 671 1701 – 19206399@sun.ac.za



### 3. Sustainability Program

#### The Project

Initially, the sustainability program was centred on a gardening program. Unfortunately, in the light of the water crisis in Western Cape and due to a lack of funds the TH Children's Foundation was unable to continue the gardening activities during the first semester of 2018. To stay coherent with the Foundation vision, we conducted several workshops related to gardening and the relevance of healthy eating habits for instance. Furthermore, we started a recycling project with the aim of promoting a litter-free environment and initiating the learners to waste management. The project is on track but we must continue our educational work and the monitoring of the program with regards to the relevance of recycling to ensure that the project remain successful while we are working on reviving the gardening program.

#### Focus Area

Sustainability, childhood development, practical skills.

#### Services Needed

Committed and consistent volunteers, equipment, transports and snacks.

#### Time Frame

Every Saturdays from 9:30 to 12:30.

Possibly periodically during week days for specific projects, like the recycling workshops.

#### Location

Ikaya Primary School, Kayamandi.

#### Contact Information

April Setlhare 073 047 2352 – aprilmatsohanesetlhare@gmail.com

Tom Renault 079 671 1701 – 19206399@sun.ac.za